

## COMMUNITY RESOURCES FOR PERSONS WITH DISABILITIES

The City of Oceanside - Neighborhood Services Department provides this information as a resource to residents of the City and other persons seeking information on organizations that provide housing and/or supportive services for persons with disabilities. The City is not responsible for any services provided by the agencies and organizations listed below, and does not accept responsibility for any errors or omissions to the information listed. Requests for corrections, deletions or additions may be made by calling 760-435-3360.

Persons may call 2-1-1 for information on other services throughout San Diego County.

### **Access 2 Independence (a 2 i)**

209 E. Broadway  
Vista, CA 92084-6005  
760-643-0447

1295 University Avenue  
San Diego CA 92103-3333  
619-293-3500

760-643-0452 TTY/TDD  
760-743-0453

<http://www.a2isd.org>

Access to Independence provides public relations, information referrals, advocacy services, attendant care, independent living services, referral services for accessible housing and peer support for persons with disabilities

### **Aging and Independence Services (AIS)**

San Diego County Health and Human Services Agency (HHSa)  
9335 Hazard Way Suite 100  
San Diego, CA 92123  
619-495-5885  
800-510-2020 toll free  
619-694-2568 Fax

<http://sdcounty.ca.gov/hhsa/programs/ais/>

AIS provides a multitude of services and programs for persons with disabilities, and senior citizens including information, referral, transportation, and homemaker services

### **Alzheimer's Association – San Diego/Imperial Chapter**

6632 Convoy Court  
San Diego CA 92111-1009  
858-492-4400  
800-272-3900 toll free  
858-492-4406 Fax

<http://www.sanalz.org>

The Alzheimer's Association is a voluntary health organization dedicated to finding preventions, treatments, and eventually, a cure for Alzheimer dementia. The San Diego/Imperial Chapter strives to enhance care and support for all those affected and caregivers in our community coping with Alzheimer's disease by providing a broad range of programs and services throughout San Diego and Imperial counties. We provide reliable information and care consultation, create supportive services for families, increase funding for dementia research, and influence public policy changes.

**ARC of San Diego**

North County Center  
1221 Ridge Rd.  
Vista, CA 92081-6599  
760-726-2250  
760-726-6164 Fax

Administrative Offices:  
3030 Market Street  
San Diego CA 92102  
619-685-1175  
<http://www.arc-sd.com>

The ARC of San Diego provides residential, vocational, and recreational services for people with developmental disabilities. ARC offers an Infant Development Program, which is an educational program for children, birth to three years who are showing developmental delays. ARC provides an Adult Development Center for persons 18 and over who are diagnosed in the severe to profound range; this program focuses on self-help, communication, daily living, behavioral management, and pre-vocational skills. The ARC offers a Day Training Activity Center to increase independent living skills and basic vocational skills.

**Area Board XIII, Office of the State Council on Developmental Disabilities**

8880 Rio San Diego Drive, Suite 250  
San Diego, CA 92108-1634  
619-688-3323  
800-748-2055  
619-688-3296 Fax

[http://www.scdd.ca.gov/Area\\_Board/Area\\_Board\\_13.htm](http://www.scdd.ca.gov/Area_Board/Area_Board_13.htm)

Area Board XIII is one of thirteen area boards established in 1969 by the Lanterman Developmental Services Act to protect and advocate for the legal, civil and service rights of persons with developmental disabilities.

**CalWORKS - Oceanside**

Mental Health Systems  
1919 Apple Street, Ste. A & B  
Oceanside, CA 92054-4443  
760-439-4577  
760-439-2130 Fax

<http://www.mhsinc.org/calworks-oceanside>

"Our CalWORKs Oceanside program provides welfare-to-work support services that include assessment for group and individual treatment in a culturally and ethnically sensitive environment. The staff works with the clients and employment counselors to remove obstacles and enable client self-sufficiency. Psychiatric services also are offered to active program participants."

**Community Interface Services**

2621 Roosevelt Street  
Carlsbad, CA 92008-1660  
760-729-3866  
760-729-8526 Fax

<http://www.communityinterfaceservices.org>

Community Interface Services offers community based support and training in employment, independent living, and other related services for adults with developmental disabilities. Founded in 1983, the agency's reputation for quality and excellence in services has established it as a leader in the field. Community Interface Services provides assistance with signing up for rental subsidies, administers the interim RSVP rental subsidy program and provides individualized home ownership training for eligible San Diego Regional Center (listed below) consumers. Services for children and

adults include in-home respite for ages three and up; individualized social/recreational assessment, referral, and inclusion facilitation; and Employer of Record/Bill Payer services.

### **Community Research Foundation/Casa Pacifica**

321 Cassidy St.

Oceanside, CA 92054-5314

760-721-2171

760-721-8582 Fax

<http://www.commresearch.org/programs>

Mission: "In partnership with our clients and stakeholders, to design, deliver and evaluate innovative and exemplary behavioral health services with integrity, enthusiasm, and deep abiding concern and compassion for those we serve; and to inspire and mentor the next generation of behavioral health professionals."

Casa Pacifica is a Transitional Residential Full Service Partnership program designed to provide comprehensive, psycho-social rehabilitation and recovery for voluntary adults with chronic and persistent mental illness and dual diagnosis. The program provides a schedule of daily classes to promote recovery and independent living.

### **Fair Housing and Landlord/Tenant Disputes**

North County Lifeline

200 Michigan Avenue

Vista, CA 92084-5424

760-842-6226

760-726-6102

[www.nclifeline.org](http://www.nclifeline.org)

North County Lifeline provides tenant/landlord dispute assistance and fair housing services including assistance with discrimination complaints for individuals with disabilities residing throughout San Diego County. Mediation services are available to resolve other disputes.

### **Fraternity House, Inc.**

20702 Elfin Forest Road

Escondido, CA 92029-3313

760-736-0292

760-736-0293 Fax

<http://www.fraternityhouseinc.org/>

"The mission of Fraternity House, Inc. is to provide warm and caring homes where men and women disabled by HIV / AIDS can receive comprehensive care and supportive services in order to rebuild their health and return to independent living, or where they can spend their last days in comfort and dignity."

Fraternity House, Inc. operates San Diego County's **only** residential care homes for men and women living with HIV/AIDS. Our homes, Fraternity House in Escondido and Michaelle House in Vista, care for a total of twenty residents' total. Residents are given stable housing and supportive services including 24-hour personal care from Caregiving staff, assistance in adhering to complex medication regimens, home-cooked nutritious meals and snacks daily, coordination of medical, dental and therapeutic needs including transportation, organized outings or activities, and support in maintaining and building relationships with family and friends.

## **Health and Human Services Agency of San Diego County**

North Coastal Regional Center

1701 Mission Avenue

Oceanside CA 92054

<http://sdcounty.ca.gov/hhsa/programs/>

See listings under Mental Health Services, In-Home Supportive Services, and Aging and Independence Services.

## **In-Home Supportive Services Program (IHSS)**

1320 Union Plaza Court

Oceanside, CA 92054

800-510-2020

<http://sdcounty.ca.gov/hhsa/programs/ais/>

IHSS provides homemaker and personal care assistance to persons receiving Supplemental Security Income or who qualify as very low-income individuals, and who need aid in the home to remain independent. Persons who are receiving SSI/SSP (gold checks) are eligible for IHSS. Persons not receiving SSI/SSP may be eligible but may be required to pay a part of costs.

## **Ivey Ranch Park Association (IRPA)**

110 Rancho del Oro Road

Oceanside, CA 92057-7344

760-722-4839

760-722-6598 Fax

<http://www.iveyranch.com>

Ivey Ranch Park Association (IRPA) is dedicated to encouraging the social interaction of children with and without special needs, of all ages, through care and recreational programs. IRPA provides pre-school, daycare, before/after school care, and respite programs at the Child Development Center. At the Equestrian Center IRPA provides able-bodied riding lesson, therapy riding, equine-facilitated psychotherapy, and *Horses for Heroes* for our Wounded Warriors and Veterans.

## **Mariposa Clubhouse**

560 Greenbrier

Oceanside CA 92054

760-439-2785 (Service/Intake)

<http://www.mhsinc.org>

The Mariposa Clubhouse a member-run socialization center that acts a bridge between traditional mental health treatment services and the community. Provides a safe environment where adults participate in peer support groups and social activities. Services include job placement in part-time and volunteer positions, vocational rehabilitation counseling and skills training, rehabilitation support services (stress management, smoking cessation), and socialization services (music, arts and crafts, cooking classes, creative writing classes, and outings to ball games and cultural events). Provides low-cost lunch to members.

## **Mental Health America**

4069 30<sup>th</sup> Street

San Diego CA 92104

619-543-0412

<http://www.mhasd.org>

Mental Health America brings together client, families, professionals, providers, community leaders and the public to collaborate, cooperate and ensure available, affordable care to all citizens.

**Mental Health Services / Behavioral Health Services - Health and Human Services Agency**

125 West Mission, Suite 103

Escondido CA 92025-1770

760-967-4475

800-479-3339

760-966-3827 Fax

<http://www.sdcountry.ca.gov/hhsa/programs/bhs/>

Mental Health Services, Inc. (MHS) provides mental health services for the San Diego County Health and Human Services Agency in North Inland and North Coastal San Diego County. MHS assists people with recurring psychiatric disorders with case management, supportive counseling, residential placement, and follow-up. MHS provides crisis intervention, information and referral services to appropriate treatment resources, including patient services for dually diagnosed persons.

**Mental Health Systems - Case Management**

550 West Vista Way Ste 206

Vista CA 92083-5376

760-724-9112

760-724-9261

<http://www.mhsinc.org/case-management-north>

"MHS Case Management program provides ongoing intervention focused on resolving problems using multiple resources for adults with chronic mental illnesses. A combination of psychosocial interventions and resource management is provided to maintain individuals at their highest level of functioning in the least restrictive placement in the community."

**Mental Health Systems****North Coastal Mental Health Center**

1701 Mission Avenue

Oceanside, CA 92058-7102

760-967-4475

760-966-3827 Fax

<http://www.mhsinc.org/north-coastal-mental-health-center>

"Mental Health Systems is a non-profit agency founded in 1978 to improve the lives of individuals, families and communities facing substance abuse and behavioral health challenges. Toward this end, we provide mental health and drug and alcohol rehabilitation services in an innovative and cost-effective manner."

MHS, Inc. serves persons with chronic and severe mental illness, ages 18-55, whose dysfunction is severe enough to have rendered them unable to participate in normal day to day activities such as work, school, family or personal care for at least six months. MHS provides services to eligible clients who require assistance in benefits acquisition, housing stabilization, treatment planning, and resource management.

**NAMI North Coastal (National Alliance on Mental Illness North Coastal San Diego County)**

P.O. Box 2235

Carlsbad, CA 92018-2235

760-722-3754

760-722-3754 Fax

<http://www.nami.org>

NAMI North Coastal San Diego provides support for families and friends of people with mental illness, educational presentations, access to information about providers of care and services, monthly meetings with guest speakers, support groups, and advocacy

**North County Council on Aging**

1400-B Vale Terrace Dr.

Vista, CA 92084-5304

(760) 941-3212

(800) 615-3333

(760) 941-7694 Fax

Information referral and transportation

**Partnerships With Industry (PWI)**

4059 Oceanside Blvd. Suite B

Oceanside, CA 92056

760-941-7534

619-681-1999

760-941-0334 Fax

[http://sandiego.jobing.com/company\\_profile.asp?i=39049](http://sandiego.jobing.com/company_profile.asp?i=39049)

"PWI provides job training, placement, and ongoing support services for adults with developmental disabilities to work in the community. In collaboration with outstanding partnerships with over 350 employers, PWI creates employment opportunities for individuals and meets employers' labor needs" PWI offers supported employment to adults with developmental disabilities, including on the job training and counseling on both a group and one-to-one basis

**PERT - Psychiatric Emergency Response Team**

Oceanside Police Department

3855 Mission Avenue

Oceanside CA 92057

760-435-4900; in emergency situations dial 9-1-1

The San Diego County PERT teams are comprised of specially trained officers or deputies who are paired with mental health professionals. Together, they respond on-scene to situations involving people with mental illness. The goal of the program is to refer people with mental illness who come into contact with police to the most appropriate service available and in the least restrictive environment possible. The 21 PERT teams represent a partnership between San Diego County Police and Sheriff Departments and all of their divisions and San Diego County Mental Health.

**San Diego Center for the Blind & Vision Impaired (SDCB)**

1385 Bonair Rd.

Vista, CA 92084-4164

760-758-5956

760-758-0380 Fax

<http://www.sdcb.org>

The San Diego Center for the Blind (SDCB) promotes independence and self-reliance to blind and vision-impaired individuals. SDCB offers counseling and rehabilitation programs that focus on teaching adaptive skills that restore the ability to perform everyday tasks; transitional counseling to aid clients, their families, employers and communities in the return of the vision-impaired individual to a life of independence; and provides outreach services to individuals in the home to provide support and crisis counseling. The Center offers communication training in Braille and typing as alternative methods of correspondence, community resources and information, education, and community outreach activities.

**San Diego Regional Center**

4355 Ruffin Road #200

San Diego, CA 92123-4307

858-576-2996

858-576-2873 Fax

<http://www.sdrc.org>

"The San Diego Regional Center (SDRC) is the focal point in the community through which a person with a developmental disability and his or her family can obtain services and be linked to other community resources within San Diego and Imperial counties. It is the philosophy of this regional center that each consumer shall be provided with the maximum opportunity to participate in every day living experiences that promote development to the highest potential and full participation in the community."

Services include case finding and intake, assessment, diagnosis, evaluation, counseling, development of an Individual Program Plan (IPP) and coordinated services, purchase of services to meet IPP objectives, advocacy for the protection of legal, civil and service rights, resource development, program evaluation, community education, public information and training.

**T.E.R.I., Inc.**

251 Airport Road

Oceanside, CA 92058-1201

760-721-1706

760-721-9872 Fax

<http://www.teriinc.org>

"TERI (Training, Education & Research Institute) is a private, non-profit agency serving the needs of children and adults with autism and other developmental and learning disabilities, and their families."

TERI provides a variety of special services, including group homes, a school, vocational training, summer camp, therapeutic equestrian activities, respite care (support in the home and community to families who have children with special needs) and transportation for individuals with developmental disabilities of all ages throughout San Diego County. TERI also offers a Special Needs Life Quality Plan that can be used as a basis for setting goals, educating new teachers and as an attachment to a will or trust. The Special Needs life Quality Plan represents the wished of an individual with a disability and those of their family.

TERI's International association for Life Quality (IALQ) has developed an on-line training program for Special Needs Life Quality Coaches. Life Quality Coaches work individually with parents and others who have a special needs family member as well as directly with those who have developmental disabilities.

**Toward Maximum Independence (TMI)**

address unavailable

858-467-0600 Main Office

760-839-5255 Escondido Office

<http://www.tmi-inc.org>

"TMI is a non-profit agency with a long standing reputation for "best practices" in providing personalized assistance and support to children and adults with disabilities, enabling them to live, work and participate in their communities by offering real choices, Real Possibilities"

TMI offers personalized live-in or moderate to intensive "come-in" supports as dictated by the needs of a person with a developmental disability. Services include: 1) house/apartment hunting and



transition assistance; 2) financial assistance, budgeting and bill paying; 3) household care, maintenance & safety practices; 4) recruitment, screening, hiring & supervision of personal attendants and roommates; 5) community orientation, access, participation and safety; 6) menu/meal planning, shopping and food preparation; 7) parenting skills; and 8) health maintenance. TMI also offers the Success Links Program, which is designed to address the needs of children and adults with developmental disabilities who require mental health services and/or those who are involved in the criminal justice system.

**United Cerebral Palsy Association (UCP)**

North County Center  
205 West Mission Avenue #F26  
Escondido CA 92025  
760-743-1050

San Diego Center  
8525 Gibbs Drive Ste. 100  
San Diego CA 92123  
858-571-7803  
858-571-0919 Fax <http://www.ucpsd.org>

"United Cerebral Palsy (UCP) is a leading service provider and advocate for adults and children with disabilities, including [cerebral palsy](#). As one of the largest health nonprofits in America, the UCP mission is to advance the independence, productivity and full citizenship of people with disabilities through an affiliate network"

UCP provides pre-vocational and vocational services for adults with developmental disabilities.



## APARTMENT COMPLEXES WITH ACCESSIBLE UNITS

NOTE: Many of the complexes listed below accept Section 8 Housing Choice Program Vouchers; some do not. Contact the apartment complex directly to find out if they accept vouchers.

Boulevard Apartments  
1904 College Boulevard  
Oceanside, CA 92056  
(760) 945-0444  
Somewhat accessible

Canyon Club Apartments  
420 Activity Way  
Oceanside, CA 92054  
(760) 721-2602  
Total of 100 partially accessible apartments; the management is willing to install grab bars as needed.

Canyon Creek  
322 Garrison  
Oceanside, CA 92054  
760-433-8054/ Do not take Section 8  
One wheelchair accessible unit; willing to accommodate

Casa Vista Apartments  
2325 Paseo De Laura  
Oceanside, CA 92056  
(760) 439-5728  
Partially accessible; grab bars; disabled parking

Cape Cod Villas  
1710 Maxson Street  
Oceanside CA 92054  
760-754-1566  
Seniors only (62+); one wheelchair accessible unit

County Club Apartments  
201 Country Club Lane  
Oceanside CA 92054  
760-433-8244  
Remodeled in 2009 with two accessible units

Island Club Apartments  
2300 Catalina Circle  
Oceanside, CA 92056  
(760) 758-0700  
Partially accessible; grab bars; disabled parking

Ocean Breeze Senior Village  
960 Vine Street  
Oceanside, CA 92054  
(760) 967-0999

This apartment complex is for seniors. There are 126 accessible one-bedroom, one-bath units and three studio apartments.

Ocean Park Apartments  
145 South Canyon Drive  
Oceanside, CA 92054  
(760) 757-5616  
Partially accessible; grab bars

Presidio Apartments  
4401 Mission Avenue  
Oceanside, CA 92057  
(760) 722-5226  
Two apartments are fully accessible, renovated units

Riverview Springs  
4398 Rainier Way  
Oceanside, CA 92054  
(760) 754-1616  
Wheelchair accessible units available

Shadow Way Apartments  
4771 Yuma Avenue  
Oceanside CA 92057  
1-888-876-8525  
Remodeled in 2009; some accessible units

Timbers Apartments  
550 Los Arbolitos Boulevard  
Oceanside, CA 92054  
(760) 439-2752  
Partially accessible; grab bars; disabled parking

Village North  
854 Vine Street  
Oceanside, CA 92054  
(760) 721-1921  
Eight units that are wheelchair accessible

Vintage Point I and II  
1701 Bush Street  
Oceanside, CA 92054  
(760) 721-0950  
Units are available to persons 55 years of age and older; Vintage Pointe I is for persons 62+ years of age and older. All downstairs units are wheelchair accessible