



A Center for Your Lifestyle

EC Fit Sign-up Fee	\$10.00
EC Fit Month-to-Month	\$17.00
EC Fit 6-Month	\$90.00
EC Fit 12-Month	\$120.00
EC Fit Drop-In	\$5.00

The El Corazon Fitness Center, or “EC Fit” for short, is the facility’s 900-square foot, private gym facility that includes a combination of cardio and resistance equipment. Machines have been selected to “Fit YOUR Lifestyle” with selections such as “walk-through” recumbent bike, total body trainer with swivel seat and a circuit configuration that guides even the most novice member through an excellent workout!

EC Fit Hours of Operation

Monday	9 AM—5:00 PM
Tuesday	9 AM—5:00 PM
Wednesday	9 AM—5:00 PM
Thursday	9 AM—5:00 PM
Friday	9 AM—4 PM

Fitness is healthy for YOUR Lifestyle

To use EC Fit, participants must register with the front desk, sign a use waiver and participate in a walkthrough orientation



El Corazon Senior Center (760) 435-5300



A Center for Your Lifestyle

EC Fit Sign-up Fee	\$10.00
EC Fit Month-to-Month	\$17.00
EC Fit 6-Month	\$90.00
EC Fit 12-Month	\$120.00
EC Fit Drop-In	\$5.00

The El Corazon Fitness Center, or “EC Fit” for short, is the facility’s 900-square foot, private gym facility that includes a combination of cardio and resistance equipment. Machines have been selected to “Fit YOUR Lifestyle” with selections such as “walk-through” recumbent bike, total body trainer with swivel seat and a circuit configuration that guides even the most novice member through an excellent workout!

EC Fit Hours of Operation

Monday	9 AM—5:00 PM
Tuesday	9 AM—5:00 PM
Wednesday	9 AM—5:00 PM
Thursday	9 AM—5:00 PM
Friday	9 AM—4 PM

Fitness is healthy for YOUR Lifestyle

To use EC Fit, participants must register with the front desk, sign a use waiver and participate in a walkthrough orientation



El Corazon Senior Center (760) 435-5300