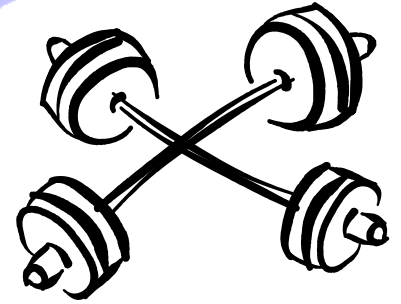


*City of Oceanside, Neighborhood Services Department*

2012

# H<sub>2</sub>O WORKS

**AN AQUATIC-BASED BOOT CAMP  
WITH CIRCUIT TRAINING  
STATIONS GUARANTEED TO  
WHIP YOU INTO SHAPE!**



**JUNE 11TH - AUGUST 10TH**

**MON / WED / FRI**

**8:00 A.M. - 9:00 A.M.**

**COST: \$5 DROP-IN\***

**AGE: 16+**

**BROOKS STREET SWIM CENTER**

**130 BROOKS ST., 92054**

**(760) 435-5225**

**\*\$100 SUMMER PASS AVAILABLE, CALL FOR MORE INFO**

**DO YOU HAVE WHAT IT TAKES?**


**GET IN & SEE HOW THE  
H<sub>2</sub>O WORKS YOU!**

*Parks and Recreation*

*Call us! (760) 435-5550 Fax us! (760) 435-1419*

*Visit us on the web! [www.oceansiderec.com](http://www.oceansiderec.com)*

Want to volunteer or donate? Contact the "Friends of Oceanside Parks" at [OPARC@ci.oceanside.ca.us](mailto:OPARC@ci.oceanside.ca.us).

 Check us out on Facebook!



**Parks  
Make  
Life  
Better!**

