CITY OF OCEANSIDE

NEWS RELEASE



Contact:

NEIGHBORHOOD SERVICES DEPT.

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FREE BICYCLE TRAFFIC SKILLS COURSE

The City of Oceanside Parks and Recreation Division and the San Diego County Bicycle Coalition invite you to learn skills to be a safer cyclist in Oceanside. Several years ago, Oceanside was recognized as the "Silver" Recipient of the Bicycle Friendly Community designation. As a Bicycle Friendly Community, the City promotes cycling for commuting, fitness, and pleasure. Skills which can make you safer will be covered in this course. Learn about using public transit as a cyclist, techniques for navigating road hazards, and your legal rights and responsibilities. Two course classes are required: a classroom session and an outdoor road class.

All classes are held at the Oceanside Library Community Rooms, 300 North Coast Highway, Oceanside, CA. 92054. The first few classes of 2013 are: Friday, January 4, Friday, February 1, and Monday, March 4. Classes run from 6:00– 9:00 p.m. The course is free, but preregistration is required. To register, visit www.sdcbc.org or call San Diego County Bicycle Coalition at (858) 472-6025. There is also an on-line course at www.bikeed.org.

Enjoy Oceanside's nine-mile San Luis Rey Bike Path, which runs from Neptune (downtown Oceanside) to Santa Fe Avenue at Highway 76. Get out, get fit, and experience cycling the safe way in 2013. For additional information about Oceanside Parks and Recreation programs, visit www.oceansiderec.com, call (760) 435-5041, or on Facebook at "Oceanside Parks & Recreation".