

FREE Bicycle Traffic Skills Course 2016

COURSE WILL COVER:

PROPER BIKE & HELMET FIT * SAFETY TIPS FOR RIDING IN TRAFFIC
TECHNIQUES FOR NAVIGATING ROAD HAZARDS * EMERGENCY MANEUVERS
USING PUBLIC TRANSIT AS A CYCLIST * YOUR LEGAL RIGHTS & RESPONSIBILITIES
ALSO GET HANDS-ON INSTRUCTION IN:
FLAT TIRE REPAIR SECRETS * ADJUSTMENTS * MINOR REPAIRS * QUICK FIXES

LOCATION:

ALL CLASSES TAKE PLACE AT THE COMMUNITY ROOMS (ADJACENT TO THE LIBRARY).
300 NORTH COAST HIGHWAY
OCEANSIDE, CA 92054

LED BY LEAGUE OF AMERICAN BICYCLISTS CERTIFIED INSTRUCTORS.



CLASS IS A PRE-REQUISITE TO "ROAD" PORTION.

CLASS (6PM - 9PM)

FRIDAY, JANUARY 8TH
 FRIDAY, FEBRUARY 12TH
 FRIDAY, MARCH 11TH
 MONDAY, APRIL 8TH
 FRIDAY, MAY 13TH
 FRIDAY, JUNE 10TH
 FRIDAY, JULY 8TH
 FRIDAY, AUGUST 12TH
 FRIDAY, SEPTEMBER 9TH
 FRIDAY, OCTOBER 14TH
 FRIDAY, NOVEMBER 14TH

ROAD (SATURDAYS)

JANUARY 16TH, 9AM - 3:30PM
 FEBRUARY 20TH, 9AM - 3:30PM
 MARCH 19TH, 9AM - 3:30PM
 APRIL 16TH, 8AM - 2:30PM
 MAY 21ST, 8AM - 2:30PM
 JUNE 18TH, 8AM - 2:30PM
 JULY 16TH, 8AM - 2:30PM
 AUGUST 20TH, 8AM - 2:30PM
 SEPTEMBER 17TH, 8AM - 2:30PM
 OCTOBER 22ND, 8AM - 2:30PM
 NOVEMBER 19TH, 8AM - 2:30PM

~ PRE-REGISTRATION IS REQUIRED ~

TO REGISTER PLEASE VISIT:

WWW.OCEANSIDEREC.COM,

CLICK ON "REGISTER NOW!", TYPE IN
ACTIVITY "BICYCLE".

ADDITIONAL OPTION TO REGISTER AT

WWW.SDCBC.ORG.

SANDWICHES WILL BE PROVIDED AT EVENING CLASSES.

1/2 WATT REAR LIGHTS PROVIDED FOR GRADUATES.



Parks and Recreation

Call us! (760) 435-5041 Fax us! (760) 435-9628

Visit us on the web! www.oceansiderec.com



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Want to volunteer or donate? Contact the "Friends of Oceanside Parks" at OPARC@ci.oceanside.ca.us.

**Parks
Make
Life
Better!**

