

CITY OF OCEANSIDE
NEWS RELEASE



**NEIGHBORHOOD SERVICES DEPT.
PARKS & RECREATION DIVISION**

Contact:

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**For Immediate Release
February 1, 2018**

OCEANSIDE FIRE DEPARTMENT OFFERS "HANDS ONLY" CPR CLASSES

The City of Oceanside Fire Dept. and Oceanside Parks & Recreation Division will be hosting "Hands Only" CPR Classes. Everyone age 21 and up is welcome to attend. These classes will be held on the following dates and locations. Please register online. Cost is only \$5 and includes a booklet. You might save a life. This is a non-certificate class.

- **Tuesday, March 6** @ Junior Seau Beach Recreation Center, 300 N. The Strand
https://apm.activecommunities.com/oceansiderec/Activity_Search/4627
- **Saturday, May 12** @ Melba Bishop Recreation Center, 5306 North River Road
https://apm.activecommunities.com/oceansiderec/Activity_Search/4628
- **Wednesday, September 12** @ Chavez Resource Center, 605 San Diego Street
https://apm.activecommunities.com/oceansiderec/Activity_Search/4629
- **Thursday, December 13** @ El Corazon Senior Center, 3302 Seniro Center Drive
https://apm.activecommunities.com/oceansiderec/Activity_Search/4630

For questions about senior activities, enrichment classes, special events, swimming lessons, day camps, sports camps and other Oceanside Parks and Recreation programs go to www.oceansiderec.com, call (760) 435-5041, or Facebook "Oceanside Parks & Recreation."

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