

The Good LIFE at



Volume 21, Number 3 The Newsletter of LIFE at MiraCosta College, Oceanside Campus July-Sept 2015

A Lifelong Learning Group

Phone: (760) 757-2121, Ext 6972

www.miracosta.edu/life, then select *Oceanside LIFE Calendar (PDF)*

Calendar for Summer Quarter 2015

Fridays, Room 1068, Administration Building - Parking in student area of Lot 1B

July 3	No Session – Independence Day Holiday	
July 10	1:00 Educational Adventures Since 1975 2:30 The Port of San Diego 4:00 First Friday Foodies	Jill Swaim Rafael Castellanos
July 17	1:00 All About Salt 2:30 <i>Under the Spell of Succulents</i>	Phil Goscienski *Jeff Moore
July 24	1:00 <i>Drones and Targeted Killing</i> 2:30 Gemstones of San Diego County	*Marjorie Cohn Gene Ciancanelli
July 31	1:00 <i>Behind Every Great Man</i> 2:30 <i>The Evolution of Desire</i>	*Marlene Wagman *Sally Foster
Aug 7	1:00 <i>The Real World of San Luis Rey</i> 2:30 El Corazon Compost Facility 4:00 First Friday Foodies	*Jim Downs Mary Matava
Aug 14	1:00 Salerno Winery 2:30 National Security & Climate Change	Lloyd Roberts Len Hering
Aug 21	1:00 Count Basie: One More Time! 2:30 How I Became Grand Marshall	Bob Boss Ofelia Escobedo
Aug 28	1:00 Baja Underwater 2:30 Project Wildlife	Dan Gross Carly Padilla
Sept 4	No Session – Labor Day Holiday	
Sept 11	1:00 MCC Production, <i>Seven</i> 2:30 <i>WWII Paratrooper</i> 4:00 First Friday Foodies	Tracy Williams *Dick Field and Linda Dudik
Sept 18	1:00 150 Years of Soapmaking Excellence 2:30 <i>Adventures with Dad</i>	Lisa Bronner *Lee Gale Gruen
Sept. 25	1:00 1915 Panama-California Exposition 2:30 Panama Canal	J.MacAskill, A.Hayes Dave Roberts

***Speaker has books for sale and signing**

Welcome New Members

Mingwei Chen, Ellen Bruce, Virginia Schaffer, Robert Sullivan, Jack Shabel, Sebastian Nicastro, Janet Steiber, Irving Sandbakken, Arlene Cull, Matt Shakter

President's Message

On July 21, 1995 LIFE at MiraCosta presented its first program to the college community and the public. There were no members. The core group, led by Gene Barber and Byron Cole, had multitudes of grand plans, not all of which have survived. The most important element, our pair of Friday lectures, is thriving and has been since January 1996 when we enrolled our first dues-paying members and published our first newsletter. By summer we hit a low of fourteen active members but we persevered, spread the gospel of lifelong learning and focused on the quality of our programs. Today our membership is 150-200 a year. Our gratitude is deep and broad for those who labored over the two decades to organize, maintain, expand and elevate our organization. There were many. It "takes a village" of varied skills and talents dedicated to lifelong learning.

Learning Is For Everyone!

Visitors are welcome to attend two LIFE meetings before deciding to join the group in January. Membership dues are \$30 per year when joining in January. The fees cover parking permits, newsletter and refreshments. For new members joining later, dues are prorated. Unforeseen circumstances may result in program change.

- July 3** **NO SESSION – INDEPENDENCE DAY HOLIDAY**
- July 10 1:00** **Educational Adventures Since 1975** **Jill Swaim, Road Scholar Ambassador**
Come celebrate the 40th anniversary of Elderhostel, the not-for-profit world leader in lifelong learning. Road Scholar offers 5,500 educational tours in all 50 states and 150 countries.
- 2:30** **A Closer Look at the Port of San Diego** **Rafael Castellanos, Commissioner, Port of San Diego**
We will hear an overview of the Port of San Diego as Commissioner Castellanos describes its economic, environmental and other benefits to the San Diego region.
- July 17 1:00** **All About Salt** **Phil Goscienski, MD**
Salt is a critical nutrient whose availability we take for granted; it has not always been so. It has a colorful history that includes politics and art, heroes and villains. Salt has shaped our language and literature, and even the course of our roads and highways.
- 2:30** **Under the Spell of Succulents** **Jeff Moore**
The presentation will follow his book, an exploration of the world of cultivated plants. Learn how we engage succulents: growers, collectors, landscaping, container culture, special and rare types of plants. You may have seen his displays at the San Diego Botanic Garden and the Del Mar Fair.
- July 24 1:00** **Drones and Targeted Killing** **Professor Marjorie Cohn, Thomas Jefferson School of Law**
This lecture will examine different aspects of the U. S. policy of targeted killing with drones and other methods. It will explore the legality, morality and geopolitical considerations of targeted killing and resulting civilian casualties.
- 2:30** **Gemstones of San Diego County** **Gene Ciancanelli, Geologist**
We will learn about local gemstone mining history opportunities to learn how to collect and cut gemstones for jewelry from a geologist and lecturer for the Palomar Gem and Mineral Society.
- July 31 1:00** **Behind Every Great Man** **Marlene Wagman-Geller, Author**
We will hear from the author about the forgotten women behind the world's famous and infamous men. She profiles forty women whose lives were relegated to historic footnotes as they were lost in the lengthy shadows cast by their alpha male spouses who skimmed on spousal credit.
- 2:30** **The Evolution of Desire** **Sally Foster, Retired Dean, MCC San Elijo Campus**
Come hear psychologist and former MCC Dean, Sally Foster, tell us how men and women evolved very different mating strategies, especially as it relates to sexual jealousy and the behaviors each gender adapted to overcome this universal problem.
- Aug 7 1:00** **The Real World of San Luis Rey** **Jim Downs, Author**
This new history counters extremist points of view about the Mission, the Franciscans and the Native Americans of the San Luis Rey Valley and elsewhere in Alta California 1769-1846.
- 2:30** **El Corazon Compost Facility** **Mary Matava, Owner/Agronomist**
Over the past 20 years this public-private partnership has processed more than a million tons of green waste. We will hear the environmental and economic benefits of recycling local sourced material and the challenges of operating a green waste facility in an urban and heavily populated area.

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- Aug 14 1:00 The History and Operations of Salerno Winery** **Lloyd Roberts, General Manager**
We will hear the history of Herman Salerno and the winery. Come and hear about the wine making process, and learn about the day- to- day operations of this local winery and the wines they offer.
- 2:30 National Security, Climate Change and Resources** **Len Hering, Adm., USN (Ret.)**
Come and hear how The Center for Sustainable Energy accelerates the transition to a sustainable world powered by clean energy
- Aug 21 1:00 Count Basie: One More Time!** **Bob Boss, MCC Faculty**
Professor Boss will present an overview of the history of the Count Basie Orchestra with recorded examples and album covers. Included will be highlights from his performing career and his contributions to American Jazz.
- 2:30 How I Became a Grand Marshall** **Ofelia Escobedo**
Recently honored with the Union-Tribune San Diego Latino Champions Lifetime Achievement Award, Ms. Escobedo describes her dedication to Carlsbad's Barrio history and working with Latino youth.
- Aug 28 1:00 Baja Underwater, Socorro Islands** **Dan Gross**
This trip took us by boat to a small group of islands south of Cabo San Lucas. There we encountered humpback whales and their calves, mantas, dolphins and hammerhead sharks.
- 2:30 Project Wildlife** **Carly Padilla**
The San Diego Humane Society will tell us how we co-exist with wildlife here in San Diego. Learn some of the simple things we can do to help wild animals, ways to volunteer and donate.
- Sept 4 NO SESSION – LABOR DAY HOLIDAY**
- Sept 11 1: 00 SEVEN – MiraCosta College Theatre Production** **Tracy Williams, MCC Faculty**
This play explores the lives of seven women from around the world whose courage led them to become extraordinary leaders.
- 2:30 A World War II Paratrooper** **Dick Field and Linda Dudik**
As part of a WWII airborne unit, Paratrooper Dick Field participated in the Allied invasion of Southern France. As a combat infantryman, he fought in the Battle of the Bulge. Come and hear his story of service and sacrifice.
- Sept 18 1:00 150 Years of Soapmaking Excellence** **Lisa Bronner.**
Dr. Bronner's Magic Soaps is a third generation family business, producing the top selling soap in the natural marketplace. It leads the industry in organic standards, and zero waste manufacturing.
- 2:30 Adventures with Dad** **Lee Gale Gruen**
A memoir of a father and daughter's journey in a senior acting class.
- Sept 25 1:00 1915 Panama-California Exposition** **Jaye MacAskill and Amie Hayes**
The Save Our Heritage Organization (SOHO) celebrates the one-hundredth anniversary of San Diego's Panama-California International Exposition in Balboa Park.
- 2:30 Panama Canal** **Dave Roberts**
From explorations by Columbus and Balboa, to efforts by French and Americans, a dream became reality but at what cost? Thousands of lives and millions of dollars were expended on one of the largest construction projects of the 19th and 20th centuries.



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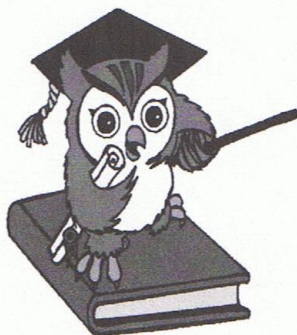
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Oceanside LIFE Calendar (PDF)



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First Class



LIFE: A Lifelong Learning Group