

The Good LIFE at



Volume 22, Number 2 The Newsletter of LIFE at MiraCosta College, Oceanside Campus April-June 2016

A Lifelong Learning Group

Phone: (760) 757-2121, Ext 6972

www.miracosta.edu/life, then select *Oceanside LIFE Calendar (PDF)*

Calendar for Spring Quarter 2016

Fridays, Room 1068, Administration Building

Parking in student area of Lot 1B. Visitors may purchase a parking permit in Lot 1A and park in Lots 1A or 1B

Apr 1	1:00	Launch of the Galleon <i>San Salvador</i>	Dr. Ray Ashley
	2:30	USO San Diego: Always By Their Side	Arne Nelson
First Friday Foodies			
Apr 8	1:00	Miles Davis, the Man and the Music	Steve Torok
	2:30	Who is the Buddha?	Michelle Scott James
Apr 15	1:00	Modifying the Genome	Betty Yost
	2:30	<i>Grapes of Wrath</i> MCC Production	Eric Bishop
Apr 22	1:00	The Death Penalty	Patrick Connolly
	2:30	Water Challenges in Southern California	Becca Arnold
Apr 29	1:00	Common Eye Diseases	Peter Custis, MD
	2:30	San Onofre Settlement	Michael Aguirre
May 6	1:00	The Struggle of Early Chinese Immigrants	Alex Stewart
	2:30	MiraCosta Facility Upgrades	Dr. Sunita Cooke
First Friday Foodies			
May 13	1:00	Girls in the Band	Kelly Kissinger
	2:30	Girls in the Band, Part Two	Kelly Kissinger
May 20	1:00	Robotic Surgery at Tri-City Hospital	Jeremy Raimo
	2:30	Wildfire – Are You Ready to Evacuate?	Mike McMahon
May 27		NO SESSION – COMMENCEMENT TODAY	
June 3	1:00	Chemistry, What is That?	Linda Woods
	2:30	Fantastical Sculptures	Ricardo Brededa
First Friday Foodies			
June 10	1:00	Paul Gauguin: Visions of the South Pacific	Teri Sowell
	2:30	San Diego Zoo Centennial	Rick Schwartz
June 17	1:00	Solar Cookers Uncovered	* Patricia McArdle
	2:30	Origins of the Food Network	* Jack Clifford
June 24	1:00	Camp Pendleton	Richard B. Rothwell
	2:30	The Suez Canal	Dr. Dave Roberts

New President's Message

Thank you for your warm welcome. With your help we'll continue to have a wonderful "LIFE." A little background for the curious: Elmer and I have two married sons and four grandchildren, as well as several non-related families that we consider important in our lives. I am the product of the Rhode Island public schools, UConn for a BA in English Education and a M.Ed. from CCNY and the University of Nebraska. Teaching high school English, tutoring ESL learners, and owning and managing a women's clothing store for 20 years are some memorable activities from my life. Betty, thank you for 20 years of inspired leadership. I'll do my best.

Lee Reich

Welcome New Members

Ann Lambert, Ruth Ann Duncan, Joann McNamara, Knox Williams, Tom Harrington, Gloria Harrington, Edward Chidester, Mike Leamy, Jean Leamy, Sioney Stein, Patricia McArdle, Robert Sullivan, Susan Culp, Judy Attix, L.Gen Clarkin, Edith Richman, Joyce Crosthwaite, Caroline Taverna, Rick VanSchoik, Anita Stanton, Patricia Pierce, Lindell Spangler, PatMcFarlane

Learning Is For Everyone

Visitors are welcome to attend two LIFE meetings before deciding to join the group. Membership dues are \$30 per year when joining in January. The fees cover parking permits, newsletter and refreshments. For new members joining later, dues are prorated. Unforeseen circumstances may result in a program change. *Speaker will have books for sale.

- April 1 1:00 Launch of the Galleon *San Salvador*** **Dr. Ray Ashley, CEO Maritime Museum**
 After ten years of research and construction, the galleon *San Salvador* is now a reality. Dr. Ashley will discuss her history, completion, launch and voyages ahead.
- 2:30 USO San Diego, Always By Their Side** **Arne Nelson, CEO**
 For 75 years the USO has been the only private, nonprofit organization serving the men and women in the U.S. military and their families while in service and as they transition back to our communities.
- April 8 1:00 Miles Davis: The Man and the Music** **Steve Torok, MCC Faculty**
 While 2016 marks a quarter century since the death of trumpeter Miles Davis, his impact upon jazz and his legacy remain fresh and relevant. We will explore the man behind the myth and his impact.
- 2:30 Who is the Buddha?** **Michelle Scott James, MCC Faculty**
 The Buddha lived 2,500 years ago. How can he still have such influence on people everywhere in our modern, scientific and increasingly non-religious world?
- April 15 1:00 Modifying the Genome** **Betty Yost, LIFE Member**
 In December 2015, the gene-editing system widely known as CRISPR was declared the “Breakthrough of the Year” by the journal *Science*. Hear more about this powerful and controversial technology.
- 2:30 Grapes of Wrath MCC Production** **Eric Bishop, MCC Faculty**
 This wonderfully theatrical production tells the story of a nation through the eyes of the Joad family driven from the dust bowl of Oklahoma toward the promised land of California.
- April 22 1:00 The Death Penalty - Pros, Cons and Legal Issues** **Prof. Patrick Connolly, MCC Faculty**
 Professor Connolly will explore the various positions put forward by both proponents and opponents, with special attention given to legal issues currently being identified and addressed in the courts.
- 2:30 Water Challenges in Southern California** **Prof. Becca Arnold, Mesa College Faculty**
 California has a long history of water challenges. We will hear the basics of historical water rights and historical challenges in keeping our cities “watered.”
- April 29 1:00 Common Eye Diseases** **Peter Custis MD, Chief of Ophthalmology, Kaiser San Diego**
 Dr. Custis will address glaucoma and the effects of diabetes on the eyes, including symptoms and current and future treatment options.
- 2:30 San Onofre Settlement** **Michael Aguirre, Attorney**
 In 2014 Mr. Aguirre represented a challenge to the \$4.7 billion settlement deal for the failed San Onofre nuclear plant. By 2015 his questions about backchannel dealings between regulators and utility companies were taken more seriously when investigators seized notes from a secret meeting in Poland where the San Onofre deal was first discussed.
- May 6 1:00 From Exclusion to Integration: Early Chinese Immigrants** **Dr. Alex Stewart**
 In 1882 Chinese workers were excluded by law from owning land, or working in the fishing and gold mining industries. They could not become naturalized citizens. They persevered, served in World War II and when the Chinese Exclusion Act was repealed, they began integrating into American society.
- 2:30 MCC Facility Upgrades** **Dr. Sunita Cooke, President MiraCosta College**
 Dr. Cooke will discuss the need to upgrade MiraCosta’s facilities after (in some cases) 80 years and she will present a plan to move the college ahead into the 21st century. Let’s take a look at what and how this might be accomplished.

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- May 13 1:00 Girls in the Band, Parts One and Two** **Kelly Kissinger, MCC Adjunct Faculty**
We will hear of an interesting and relatively unknown time in American music, a time when women could find work only as singers and occasionally as pianists, but never up front with the horn sections. Hear stories and see a film on the struggle for acceptance of women musicians in the Big Band era.
- May 20 1:00 Robotic Surgery at Tri-City Hospital** **Jeremy Raimo, Senior Director**
Tri-City Medical Center, a Gold Seal approved, full service, acute-care hospital has two advanced clinical institutes offering cardiovascular and orthopaedic care. Mr. Raimo introduces the Orthopaedic and Spine Institute, now a leader in robotic surgery and joint replacement.
- 2:30 Wildfire – Are You Ready to Evacuate?** **Mike McMahon**
Mike McMahon has been evacuated twice from his Carlsbad home because of a wildfire. He has developed an approach to prepare for the next time. Come learn from his experience.
- May 27 NO SESSION – COMMENCEMENT**
- June 3 1:00 Chemistry, What is That? How Is It Related to Me?** **Prof. Linda Woods MCC Faculty**
Come learn how chemistry is related to your everyday life. Hands-on activities will be provided.
- 2:30 Fantastical Sculpture** **Ricardo Breceda, Artist**
Most know of Breceda's most famous work: a serpent/snake/dragon in the Borrego desert that appears to stretch for hundreds of feet from head to tail. Come meet the artist, see his work and hear his story.
- June 10 1:00 Paul Gauguin: Visions of the South Pacific** **Teri Sowell, PhD. UCSD Faculty**
The artist, Paul Gauguin, rebelled against the artificiality of European civilization by moving to the South Pacific where he imagined that a simple, innocent and noble lifestyle existed.
- 2:30 San Diego Zoo Centennial** **Rick Schwartz, Global Zoo Ambassador**
100 years of Howls, Barks, Trumpets, Whistles, Chirps, Growls, Roars, Hisses, Clicks, Whoops and Caws! A century of trials and triumphs, innovation and vision, extraordinary people and of course, amazing animals!
- June 17 1:00 Solar Cookers Uncovered** **Patricia McArdle, LIFE Member and Author**
Former Peace Corps volunteer, Naval officer and diplomat, Patricia McArdle, author of the novel "Farishta" will discuss solar cooking, a technology used by refugees in Africa and which is included in the disaster preparedness kits of many Americans. She will have books for sale.
- 2:30 Origins of the Food Network** **Jack Clifford**
Have you watched The Food Network? If so, you'll love the details of how one of the most successful TV channels ever came to fruition thanks to the creativity, perseverance and genius of one Jack Clifford. He will have books for sale.
- June 24 1:00 Camp Pendleton** **Richard B. Rothwell, USMC, Retired**
We will hear more of the history and the people of Camp Pendleton.
- 2:30 The Suez Canal** **Dr. Dave Roberts, Anthropologist**
The fascinating history of the Suez Canal: 100 miles of waterway through the desert.



LIFE at MiraCosta College/Oceanside Campus 4

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Oceanside LIFE Calendar (PDF)



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First Class



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