

Exercise your brain. Everyday.
Make a commitment to read for a few minutes every day this Summer.

Reading helps you relax, but there are other health benefits to reading.

Regular reading keeps your brain sharp. The brain is an organ just like every other organ in the body. It ages in regard to how it is used. Just as physical activity strengthens the heart, muscles and bones, intellectual activity strengthens the brain against disease.

Getting lost in a book helps to foster empathy, which helps you relate to your friends and neighbors, so you can be a better friend and lover. And reading self help books helps has been shown to starve off depression, it is known as Bibliotherapy.

Reading is also a viral activity. Help create a more literate Oceanside by reading in public. The best predictor of reading behavior in children is the patterns of their parents and community, if children (and friends) see you reading they are more likely to see reading as a normal activity, and read more themselves.



Did you know that the Library participates in First Friday Art Walk?

We close the CCL doors at 6PM on the First Friday of every month, and immediately reopen as a gallery. We showcase local artists and connect Artists with the Oceanside Community! This Summer we have THREE very special Art Walk activities planned.

On **June 3** Linda DiRosa will be displaying her water colors, and we will have live music from The School of Rock. We will also celebrate National Donut Day with a *Create your Donut Masterpiece* activity.

On **July 1** the Art Walk is LITERARY. In celebration we will have multiple children's book illustrators in the Library. The artists will be available with copies of their books, and their art will be on display. We will also have a live music performance.

On **August 5** we will host *Hope Made Visible* an organization dedicated to Art Therapy for individuals affected by Cancer. Live music and Zumba Flashmobs will round out this fun night of celebration!

Be sure to make it out to support you local artists and musicians, First Friday of every month 6—8PM. For more information about Art Walk and other venues, please visit:
www.oceansideartwalk.org



The Friends of the Oceanside Public Library are proud to bring you the Second Annual Trivia Bee! Get your teams together now for a day of trivia and fun!

Sunday, July 17 at the Junior Seau Beach Center



Civic Center | 330 N Coast Hwy | Oceanside | 92054

Mission Branch | 3861-B Mission Ave | Oceanside | 92058



**Read for the Win:
you read, you win.**

**Make a commitment this Summer to
start a reading habit.**

Like starting any good habit, this will take work. Sign up for our Summer Reading Program, set a goal for yourself and get reading incentives and prizes. Join a Book Club to stay motivated and to meet fellow book lovers. Come to our Local Author Program to get to know the people behind the stories you love. Finally start writing your own story in one of our Writing Groups. Take a day out of your schedule to Keep Calm and Color, or head over to one of our Game Nights for some unplugged fun!

Adult Summer Reading
Oceanside Public Library
June 1 - July 30

Sign-up for Summer Reading at: www.oceansidepubliclibrary.org

Set a goal, and start reading! You get rewarded just for signing up, but the more you read and participate in community events, the more chances you have to win more prizes!



Every community event you attend, you will be rewarded with a secret code. When you bring that into the library, we will give more opportunities to win prizes!

And when you reach your reading goal, you get rewarded again! At the end of Summer we will celebrate with Books & Brew Happy Hour.

SUNDAY

July 10 | 4PM
Concert in the Park Heritage Park

July 17
Trivia Bee!
Junior Seau Center
(see back cover for details)

July 24 | 4PM
Concert in the Park Heritage Park

July 11 | 6PM
Writers Group
CCL

July 18 | 5:30PM
Game Night
CCL

July 25 | 6PM
Writers Group
CCL

July 25 | 5:45PM
Game Night
MBL

TUESDAY WEDNESDAY

June 7 | 2PM
Mission Branch
Book Club

June 8 | 5:30PM
Documentary Film
Club, *My Way to Olympia*
CCL

June 15 | 5:30PM
LGBTQ Book
Club, CCL

June 22 | 6PM
Mystery Book
Club, CCL



July 5 | 2PM
Mission Branch
Book Club, MBL



July 13 | 5:30PM
Documentary Film
Club, *Thank you for Playing*
CCL

July 20 | 5:50PM
LGBTQ Book
Club
CCL

July 27 | 6PM
Mystery Book
Club CCL

THURSDAY

June 16 | 3:30PM
Libros y
conversación |
Adelante @
Libby Lake

June 30 | 1PM
Senior Center
Book Club
455 Country Club
Ln

June 30 | 3:30PM
Lotería, Adelante
@ Libby Lake

FRIDAY

June 3 | 6 - 8PM
First Friday Art
Walk - Linda
DiRossa
*Create your Donut
Masterpiece*

June 17 | 4PM
Concert in the Park
Rancho Del Oro
Park

June 24 | 6 PM
Movie in the Park
Junior Seau Pier
Amphitheater

July 1 | 6PM
Literary Art Walk
(see back cover)



July 8 | 10AM
eBook Class
CCL

July 15 | 10AM
ZINIO eMagazines!
Learn how to
download FREE
magazines!



YOU READ, YOU WON!

Now its time to party!
July 31 | 2PM
Stone Brewing Garden
Join us for a Books & Brew
Happy Hour at the Stone
Company Store in Downtown
Oceanside.



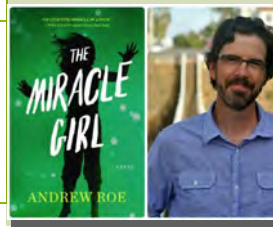
SATURDAY

June 25 | 6 PM
Author Visit:
Andrew Roe

Free event with
limited seating, for
tickets visit our
website.

Join us in welcoming
local author Andrew
Roe.

The Miracle Girl is his
first book and was a
Finalist for the 2015
Los Angeles Times
Book Prize.



CCL = Civic Center | MBL = Mission Branch