

## NATIONAL PRESCRIPTION DRUG TAKE BACK DAY

### National Prescription Drug **TAKE BACK DAY**

Saturday, October 28th  
10 a.m. - 2 p.m.

Turn in your unused or expired  
medication for safe disposal



Flushing pills down the toilet allows medications to make it through the sewage treatment process and into local waterways. Placing pills in the trash increases the chances of someone going through the trash or having the drugs deteriorate at a landfill, where they could still mix with water and leach into the environment. What can be done with prescription pills when they are expired or no longer needed? The best option is to participate in a medication take-back program.

On Saturday October 28, from 10:00 a.m. to 2:00 p.m., Tri-City Medical Center along with the Drug Enforcement Agency will provide an opportunity to prevent pill abuse and theft by ridding homes of potentially dangerous, expired, unused, and unwanted drugs including prescription, over-the-counter, and illegal substances. Residents of San Diego County can bring pills for disposal to **Tri-City Medical Center, Valet parking Lot**, located at 4002 Vista Way, Oceanside, CA 92056. The Valet Parking is just inside the entrance from Thunder Road and will be a **drive-through drop off**.

Only pills and patches will be accepted and the Drug Enforcement Agency cannot accept liquids, needles or sharps. The service is free and anonymous and no questions will be asked.

Additional information for the disposal of sharps can be found on the City of Oceanside website at [http://www.ci.oceanside.ca.us/gov/water/services\\_programs/recycling/guidelines/sharps.asp](http://www.ci.oceanside.ca.us/gov/water/services_programs/recycling/guidelines/sharps.asp).

Medicines that languish in home cabinets are highly susceptible to diversion, misuse, and abuse. The rates of prescription drug abuse in the U.S. are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet.

The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. For more information about the disposal of prescription drugs or about the October 28 Take Back Day, visit the DEA Diversion Website at [https://www.deadiversion.usdoj.gov/drug\\_disposal/takeback/index.html](https://www.deadiversion.usdoj.gov/drug_disposal/takeback/index.html)

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**Valet Parking Lot**  
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Drive through drop off!