

City of Oceanside, Neighborhood Services Department

Swim Test Prep Class

Our Swim Test Preparation Class is designed for children ages 8 to 15 who would like the opportunity to practice and improve on the skills needed to pass either the Oceanside Surf Camp swim test or the Oceanside Junior Lifeguard swim test.

Skills Covered: front crawl stroke refinement, underwater swimming, and endurance training.

Prerequisite: The student must have passed Sea Stars through the City of Oceanside's Children's Learn to Swim program* OR the student must take a prerequisite test to demonstrate their ability to swim crawl stroke one length of the pool without stopping and tread water for 30 seconds. The test will be offered at Brooks Street Swim Center on Saturdays and Sundays 10:15-11:00am.

Classes are held at the Brooks Street Swim Center on Tuesdays and Thursdays from 5:15pm-6:00pm. Each session is 2 weeks long. You may register online at: oceansiderec.com. See below for more information on dates and registration numbers.

Registration #	Days	Time	Session Dates	Fee
15868	Tues/Thurs	5:15pm-6:00pm	March 12-March 21	R\$47/NR\$57
15869	Tues/Thurs	5:15pm-6:00pm	March 26-April 4	R\$47/NR\$57
15870	Tues/Thurs	5:15pm-6:00pm	April 16-April 25	R\$47/NR\$57
15871	Tues/Thurs	5:15pm-6:00pm	April 30-May 9	R\$47/NR\$57
15872	Tues/Thurs	5:15pm-6:00pm	May 14-May 23	R\$47/NR\$57

Children enrolled in the course will be allowed to take their swim tests for surf camp or Oceanside junior guards with their swim test prep course instructor.

Parks and Recreation

Call us! Aquatics: (760) 435-5225 Administration: (760) 435-5041

Visit us on the web! www.oceansiderec.com

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