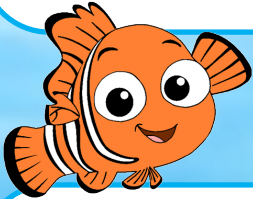


Children's Learn to Swim

Brooks Street Swim Center
130 Brooks Street
(760) 435 - 5225

Marshall Street Swim Center
1404 Marshall Street
(760) 435 - 5535



2019 Summer Sessions

Session	Session Dates	R/NR Fee
1	June 17 - June 28	\$47/\$57
2	July 1 - July 12	\$43/\$53
3	July 15 - July 26	\$47/\$57
4	July 29 - August 9	\$47/\$57

Check us out on
Facebook & Instagram
@OceansideRec

**Parks
Make
Life
Better!**

Registration

Registration for session 1 & 2 begins on Saturday, May 18 ONLINE and at Brooks Street Swim Center at 8:00am

Registration for sessions 3 & 4 begins on Thursday, July 11 ONLINE and at Brooks Street Swim Center @ 8:00am.

If your child has not taken classes with us before, they can be tested at Family Recreation Swim times. Please contact Brooks Street Swim Center or view the Recreation Activity Guide at

www.oceansiderec.com

for days, dates, and times.



We're ready for summer! How about you?

We offer swim lessons for all levels. Parent & Tot and Preschool to proficient and novice level competitive swimmers.



Sea Otter Pups (minimum age 1 year)

All students less than 45 inches tall and under age 3 must be enrolled in Sea Otter Pups/Parent & Tot. Parent/guardian participation is required. *Students less than 45 inches tall who can fully complete class Exit Skills may be considered for enrollment in a higher level.* Please speak to Brooks Street Swim Center staff for more information.

This level is designed to allow parents to work with their child individually under instructor guidance. According to the ability of each individual child, a variety of skills are taught in this class.

Sea Horse (ages 3-5 years)

Sea Horse is designed for children ages 3 to 5 years, with little to no experience swimming. **Note:** This is NOT a parent participation class. The skills taught include: entering and exiting the water, blowing bubbles, submerging head under water, bobbing, retrieving a submerged object, floating with recovery on both front and back; alternating arm action/combine stroke on front and kicking and finning on back.

Jellyfish

For children 45 inches tall or taller, and who have little to no swim experience. **Note:** This is NOT a parent participation class. Swimmers enter the water and participate on their own with the guidance and assistance of the instructor. Skills taught include: entering and exiting water safely; blowing bubbles/submerging head under water; bobbing; retrieve a submerged object; float with recovery on front/back; alternating arm action/combine stroke on front; kicking and finning on back; safety skills.

Sea Stars

For children who have successfully demonstrated Exit Skills from either Jellyfish, Sea Horse or the Sea Otter Pups/Parent & Tot levels. Skills taught include: review of Jellyfish skills; front crawl with rhythmic side breathing; intro to back crawl; intro to dolphin kick; intro to elementary back stroke kick; kneeling dive from pool deck; safety skills.

Sea Turtles

For children who have successfully demonstrated Exit Skills from Sea Stars. Skills taught include: review of Sea Stars skills; elementary back stroke arms; intro to breaststroke kick; butterfly arms; intro to scissor kick on right/left side; safety skills.

Orcas

For children who have successfully demonstrated Exit Skills from Sea Turtles. Skills taught include: review of Sea Turtle skills; breaststroke arms; sidestroke arms on right/left side; standing dive; open turns; safety skills.

Sting Rays

For children who have successfully demonstrated Exit Skills from Orcas. Skills taught include: review of Orcas skills; competitive open turn/2-hand touch; front flip turn; backstroke flip turn; shallow-angle competitive dive; safety skills.

Specialty

Perfect for children that already have fundamental swimming skills. All specialty classes are held at the Brooks Street Swim Center and are 1 hour long. See below for the 2019 specialty schedule.

Session	Session 1	Session 2	Session 3	Session 4
Class	Diving	Jr Lifesaving	Novice Swim	Water Polo
Pre-requisite	Sea Star Exit	Sea Turtle Exit	Sting Ray Exit	Sea Turtle Exit
Price	\$67R/\$77NR	\$66R/\$76NR	\$67R/\$77NR	\$67R/\$77NR

Children's Learn to Swim

Brooks Street Swim Center

ODD SESSIONS: 1 & 3

9:35AM

Sea Horse
Jellyfish
Sea Stars
Specialty Classes

10:10AM

Sea Horse
Jellyfish
Sea Turtles
Specialty Classes

10:45AM

Sea Otter Pups
Jellyfish
Orcas

11:20AM



Sea Horse
Jellyfish
Sea Stars
Sting Rays

3:40PM

Sea Horse
Jellyfish
Orcas

4:15PM

Sea Horse
Sea Horse
Jellyfish
Sea Stars

4:50PM

Sea Otter Pups
Sea Horse
Sea Turtles
Orcas

EVEN SESSIONS: 2 & 4

Sea Horse
Jellyfish
Sea Turtles
Specialty Classes

Sea Horse
Jellyfish
Sea Stars
Specialty Classes

Sea Otter Pups
Sea Horse
Sting Rays

Sea Horse
Jellyfish
Sea Stars
Orcas

Sea Horse
Jellyfish
Sting Rays

Sea Horse
Jellyfish
Sea Star
Sea Turtle

Sea Otter Pups
Jellyfish
Sea Stars
Sting Rays



Marshall Street Swim Center

ODD SESSIONS: 1 & 3

9:35AM

Sea Horse
Jellyfish
Sea Turtles

10:10AM

Sea Horse
Jellyfish
Orcas

10:45AM

Sea Horse
Jellyfish
Sea Stars

11:20AM

Sea Otter Pups
Sea Horse
Sting Rays

3:40PM

Sea Horse
Jellyfish
Sea Stars

4:15PM

Sea Horse
Jellyfish
Sea Turtles

4:50PM

Sea Otter Pups
Sea Horse
Sea Stars

5:25PM

Sea Horse
Jellyfish
Orcas

EVEN SESSIONS: 2 & 4

Sea Horse
Jellyfish
Sea Stars

Sea Horse
Jellyfish
Sting Rays

Sea Horse
Jellyfish
Sea Turtles

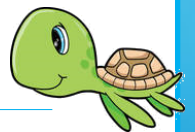
Sea Otter Pups
Jellyfish
Orcas

Sea Horse
Jellyfish
Sea Stars

Sea Horse
Jellyfish
Sea Stars

Sea Otter Pups
Jellyfish
Sea Turtles

Sea Horse
Jellyfish
Sting Rays



Synchronized Swimming

This is a 6-week program where children will gain the basic knowledge and skill to put together a synchronized swimming show. Children and instructors work together to fundraise and promote this swim extravaganza for a final show on July 27!

July 17th–July 27th

Mon/Wed/Fri 6:00pm-7:30pm and

Tues/Thurs 12:00pm-1:15PM

\$115R/\$125NR

