

SWIM TEST PREP CLASS

Our Swim Test Preparation Class is designed for children ages 8 to 15 who would like the opportunity to practice and improve on the skills needed to pass either the Oceanside Surf Camp swim test or the Oceanside Junior Lifeguard swim test.

Skills Covered: front crawl stroke refinement, underwater swimming, and endurance training.

Prerequisite: The student must have passed Sea Stars through the City of Oceanside's Children's Learn to Swim program* OR the student must take a prerequisite test to demonstrate their ability to swim crawl stroke one length of the pool without stopping and tread water for 30 seconds. The test will be offered at Brooks Street Swim Center on Saturdays and Sundays 10:15-11:00am.

Classes are held at the Brooks Street Swim Center on Tuesdays and Thursdays from 5:15pm-6:00pm. Each session is 2 weeks long. You may register online at: oceansiderec.com. Registration opens on Monday, February 24th at 8AM.

Registration #	Days	Time	Session Dates	Fee
17130	Tues/Thurs	5:15pm-6:00pm	March 10-March 19	R\$47/NR\$57
17131	Tues/Thurs	5:15pm-6:00pm	March 24-April 2	R\$47/NR\$57
17132	Tues/Thurs	5:15pm-6:00pm	April 7-April 16	R\$47/NR\$57
17133	Tues/Thurs	5:15pm-6:00pm	April 21-April 30	R\$47/NR\$57
17134	Tues/Thurs	5:15pm-6:00pm	May 5-May 14	R\$47/NR\$57
17135	Tues/Thurs	5:15pm-6:00pm	May 19-May 28	R\$47/NR\$57

At the end of the course, participants enrolled will be given the opportunity to take their swim tests.

Call us! Aquatics: (760) 435-5225 Administration: (760) 435-5041

Visit us on the web at OceansideRec.com

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