



COVID-19

Frequently Asked Questions

WHAT'S OPEN / WHAT'S CLOSED

Can I sit on the beach?

Yes, the beach is open for all uses, except for gathering of non-household members and group games/sports such as volleyball or football. The Pier and beach parking lots reopened Tuesday, June 9, 2020. There is also a new Public Parking garage on Cleveland near Pier View Way in the SALT building. Additionally, the Oceanside Transit Center parking structure has free parking. Face coverings are still required when around others not in your household—even outside. Maintain 6' distance from those not in your household. *(Revised 6/8/20)*

Is the Harbor open?

Yes, Oceanside Harbor Village restaurants and shops are open. Boat/kayak/SUP rentals are open. **Harbor beach parking lots are open.** The kayak launch is open. The Boat Launch Ramp is open. Gatherings are still not permitted in the Harbor, per the County Public Health Order. Face coverings are required when within 6' of non-household members. Please wear your face covering when walking around at the Harbor as there are areas where it is difficult to maintain distance from others. *(Revised 6/8/20)*

Can I take my boat out / hang out on my boat at the Harbor?

The San Diego County Health Orders state that recreational boating is now permissible but only with members of your household. Oceanside Harbor Slip Tenants may access their boats. Overnight stays on boats in Harbor now allowed with household members only. 6' physical distancing is required in and around facilities. No congregating on docks. Face coverings required when within 6' of others not in your household. *(Rev. 5/1/20)*

Are parks open?

Oceanside parks and parking lots are open. Restrooms are open. Picnicking with members of your household is permissible, but there are no gatherings with those not in your household. *(Rev. 5/29/20).*

Can I use the San Luis Rey River Trail?

Yes, all Oceanside trails are open for a bike ride, run, or stroll.

How can I keep my family engaged at home?

Live Well @ Home is a free resource to help community residents find tips and strategies to stay healthy in both mind and body while staying at home. They've organized resources and activities by age group and topic to help you find the right tools to match your needs. [Live Well at Home](#)

FACE COVERINGS

Do I need to wear a face mask now?

County leaders require residents to start wearing cloth facial covering when going out, beginning May 1, 2020. The Public Health Order also includes mandatory facial covering for all employees that work with the public, such as grocery stores, gas stations, and pharmacies. The face coverings for residents or essential businesses don't need to be medical masks. They can simply be a cloth face covering over your mouth and nose.

THE MOST VULNERABLE RESIDENTS

I lost my job, where can I get food?

Many resources are available to people who are impacted financially by COVID-19 regulations. Please check the [resource page](#) on the City website for new options for free food distributions occurring weekly.

I can't pay my rent or bills. What should I do?

[File for unemployment](#) as soon as possible. Governor Newsom signed a law protecting tenants. Please visit the [Housing is Key website](#) for details and steps. There are also relief funds available through a multitude of avenues. Please visit the City COVID-19 ["Resources" webpage](#) for options. Additionally, the Federal Government sent out [Economic Impact Payments](#). Find other [resources](#) on the City website for food, hiring agencies, and more.

What about the homeless?

San Diego County has secured 2,026 hotel rooms throughout the County to isolate people who have potential COVID-19 symptoms and people who are vulnerable and have no place to live. The Oceanside Homeless Outreach Team (HOT) travels alongside a Social Worker, and the County has supplied a Public Health Nurse to screen people for any symptoms and provide sheltering options for vulnerable people who may be impacted. [More](#)

BUSINESSES

[FIND BUSINESS REOURCES HERE](#)

How can I keep my workforce employed during the Coronavirus crisis?

Applications are being accepted for the SBA Paycheck Protection Program. It's a loan designed to provide a direct incentive for small businesses to keep their workers on the payroll. [Details](#)

Is my staff supposed to wear face coverings?

Effective April 3, 2020, all businesses that remain in operation that allow the public to enter, must wear a cloth face covering and have information posted at the entry. [Health Order](#)

DONATIONS

How can I help?

We are all in this together. If you are a business or individual with some resources to offer, we created a page to link those resources to non-profit agencies that need them in our community. [Donations](#)

COVID-19 IN OCEANSIDE

How many people in Oceanside are infected? How do I find out where they live?

The County is releasing some information about confirmed cases in the County by zip code. That information can be found on the City's [COVID-19 webpage](#). Click the red "[Daily Case Reports](#)" button. There, you will find graphs on confirmed positive cases in

Oceanside, the number of current estimated cases, hospitalizations and mortality rate by City, and more.

STAYING WELL

I'm so stressed out about all this. Help!

The outbreak the recent Coronavirus Disease (COVID-19) can be a stressful time for individuals and communities. It is not uncommon to feel anxious or worried while listening, reading or watching the news. It's important during times like these to monitor your own physical and mental health, as well as safely stay connected to your community. Know the signs of stress and when and how to seek help for yourself, as well as loved ones. If you need support or are actively seeking services, please call the San Diego County Access & Crisis Line 24/7 at 1 (888) 724-7240, and an experienced counselor will provide you with a referral to meet your needs and help determine eligibility. You can also call 211 or visit www.211sandiego.org, for access to community, health, social, and disaster services. The call is free, confidential, and available in more than 200 languages with access to 6,000+ services, resources and programs through our online database. [More](#)

I have symptoms, how can I get tested?

If you believe you have COVID-19, call your medical provider. If you don't have a medical provider, call [2-1-1](tel:211). The County has opened up more testing options. Two [CVS locations](#) in Oceanside are performing drive up testing. The Live Well Center in Oceanside is also doing testing; call 211 for appointment. There is also a walk-up clinic at CSU San Marcos, no appointment necessary. [More](#) *(Revised 9/23/20)*

I'm in the higher risk group. What do I need to know?

Based on currently available information and clinical expertise, older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19. [Specific info](#)

What's the best thing to clean with?

Community members can practice routine cleaning of frequently touched surfaces (for example: tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks, and electronics with household cleaners that are appropriate for the surface, following label instructions. Labels contain instructions for safe and effective use of the cleaning

product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.
[More information](#)

How do I find out the latest Oceanside news on COVID?

Sign up for City news here: <https://www.ci.oceanside.ca.us/services/subscriptions.asp>