

**CITY OF OCEANSIDE
AMERICAN RED CROSS EMR TRAINING
OUTLINE/SYLLABUS**

Location: Mon/Wed/Sat – Country Club Senior Center
455 Country Club Lane
Oceanside, Ca. 92054

Phone: (760) 435 – 5225
Email: oceansidelifeguardtraining@gmail.com

Attendance:

Class will meet on Mondays and Wednesdays from 6:00 pm to 9:00 pm and on Saturdays from 7:00 am to 11:00 am. Per Red Cross requirements, you must attend all classes to be certified. No absences will be allowed. Please address any concern you have with an instructor as soon as it arises.

Testing:

The tests you will be taking at the end of this course are Emergency Medical Responder and Oxygen Administration. To pass this class and receive your certification you must pass both multiple choice tests with a minimum of 80%. If you do not pass either test the first time (test A) you will be given the opportunity to take test B. If you do not pass either test A or B, you will not be certified.

Certification:

To be certified you must attend all classes, pass both tests with a minimum of 80% and perform the practical skills learned in class proficiently.

Safety Precaution pertaining to Covid-19

In accordance with state and county guidelines all participants will be checked for temperature prior to entering the classroom areas. If a participant has a temperature of 100°F or higher they will not be allowed to stay for that class. A make-up option will be worked out if the situation

arises. All participants will also be required to wear masks and remain 6ft apart from classmates during in person instruction. There will be a few exceptions, those being when the skills practiced will require students to be unmasked. Examples being giving ventilations and in water skills practice. Gloves will also be provided to participants.

Homework:

[Click here to download the EMR Textbook as a PDF](#)

Homework: Due at the start of SESSION ONE:

- Read Chapters 1-5

SESSION ONE

Day: Monday Date: 5/10/21 Time: 6:00 PM to 9:00 PM

Topics/Activities: The Emergency Medical Responder, blood borne pathogens, preventing disease transmission, the well-being of the EMR, medical, legal and ethical issues, the human body

Homework: Due at the start of SESSION TWO:

- Read Chapters 6-9

SESSION TWO

Day: Wednesday Date: 5/12/21 Time: 6:00 PM to 9:00 PM

Topics/Activities: Scene size-up, primary assessments, history taking, secondary assessments, communication and documentation

Homework: Due at the start of SESSION THREE:

- Read Chapters 10-12

SESSION THREE

Day: Saturday Date: 5/15/21 Time: 7:00 AM to 11:00 AM

Topics/Activities: Airway and ventilation, airway management, supplemental oxygen

Homework: Due at the start of SESSION FOUR:

- Read Chapters 13

SESSION FOUR

Day: Monday Date: 5/17/21 Time: 6:00 PM to 9:00 PM

Topics/Activities: The circulatory system, cardiac emergencies, CPR, AEDs

Homework: Due at the start of SESSION FIVE:

- Read Chapter 14-17

SESSION FIVE

Day: Wednesday Date: 5/19/21 Time: 6:00 PM to 9:00 PM

Topics/Activities: Medical emergencies, poisoning, substance abuse and misuse, environmental emergencies, behavioral emergencies

Homework: Due at the start of SESSION SIX:

- *Read Chapters 18-23*

SESSION SIX

Day: Saturday Date: 5/22/21 Time: 7:00 AM to 11:00 AM

Topics/Activities: Shock, bleeding trauma, soft tissue injuries, injuries to the chest, abdomen, and genitalia, injuries to muscles, bones and joints, injuries to head, neck and spine

Homework: Due at the start of SESSION SEVEN:

- *Read Chapters 24-26*

SESSION SEVEN

Day: Monday Date: 5/24/21 Time: 6:00 PM to 9:00 PM

Topics/Activities: Childbirth, pediatrics, older adults, patients with special healthcare or function needs

Homework: Due at the start of SESSION EIGHT:

- *Read Chapter 27-32*

SESSION EIGHT

Day: Wednesday Date: 5/26/21 Time: 6:00 PM to 9:00 PM

Topics/Activities: EMS support and operations, access and. Extrication, hazardous materials emergencies, incident command and multiple-casualty incidents, special operations

Homework: Due at the start of SESSION NINE:

- *Review for written exam*
- *Review for practical exam*

SESSION NINE (FINAL EXAMS)

Day: Saturday Date: 5/29/21 Time: 7:00 AM to 11:00 AM

Topics/Activities: EMR written exams; EMR practical exams