

GO GREEN in 2022 for Your Health, the Community, and the Planet

With each New Year we all make personal goals whether big or small to improve our health, better the community, and care for the planet. But, let's face it- the resolutions and goals we vowed to stay on top of sometimes fall through the cracks and we find ourselves making the same promises as we near the end of December. Lucky for you, Green Oceanside makes setting, and keeping New Year's resolutions easy! Check out the resolutions below that not only benefit your health and the community, but our planet as well.



If you are looking to take steps to better the health of your family and loved ones, create a resolution to conduct '**Home Checkups**'. Safety should come first all year round, so be sure to calendar your checkups on a quarterly basis, or as often as you would like to help you stay on top of your goals. When conducting your checkup, consider everything your home depends on: water, electricity/gas, recycling, and disposal services.

Visit [SDG&E's website](#) to learn how you can use [electricity](#) and [natural gas](#) wisely, and know what to look out for to avoid electric safety mishaps and how you can properly use home appliances. From checking circuit breakers, to even knowing the signs of a gas leak, SDG&E can provide an abundance of knowledge to help you create the perfect 'Home Checkup' list.

Make sure to add checking for leaks in and out of your home to your list too. Leaks in your irrigation system and other parts of your home can waste thousands of gallons of water, which is bad for the planet and your wallet! The Green Oceanside team has numerous resources to help residents fix leaks both inside and outside of their homes. If you need help with inspecting your irrigation system, consider applying for the [WaterSmart Check-up Program](#). In this program, an irrigation professional will assess your landscape and help you detect any issues in the system, set your optimum irrigation schedule, and provide ways in which you can increase your water efficiency. You can also sign up for virtual landscape workshops that will guide you through the process of creating a landscape that thrives in Oceanside. Visit www.watersmart.org to register and find water saving resources and rebates.





Remember to include e-waste and household hazardous waste when creating your 'Home Checkup' list too. Residents can recycle [e-waste](#) by scheduling a curbside collection of up to five items three times each year by calling Waste Management (760) 435-5457 at least 24 hours in advance of normal pick-up day. A [household hazardous waste](#) drop-off appointment can also be made by calling Waste Management to properly dispose of used oil, chemicals, paint, fluorescent light bulbs, and other hazardous materials. If you have large items that do not fit in your grey landfill cart, you can call to schedule a curbside [Large Item Landfill Pick Up!](#)

Oceanside residents may request a large item pick up of up to five items, three times each year. This resource is available for items that cannot be donated and are beyond reuse or repair.

Are you looking to improve our community and do some good for the planet? Green Oceanside has two events taking place in January to kickstart your resolution. Join the Green Oceanside team for another Quarterly Neighborhood Cleanup on Saturday, January 15th from 9AM to 12PM in the Libby Lake Community near the intersection of Casa Drive and Siesta Drive. Brother Benno's will be on site to receive gently used, donatable items. Recycling services will be available for e-waste (household appliances, printers, TVs, computers, batteries, and other items that often have cords, etc.). Multiple landfill dumpsters will be available for items beyond reuse or repair (furniture, mattresses, barbecues, home goods, etc.). [Click here for more information.](#)



Green Oceanside will also be hosting a community workshop for the Buena Vista Creek Restoration Planning Project on Thursday, January 27th from 4PM to 6PM at the Salvation Army located at 3935 Lake Blvd. The project will help improve existing riparian habitat, enhance water quality, and provide recreational and educational opportunities for the surrounding community to enjoy. At the workshop, the public can provide input on goals, objectives, and constraints of the project design and recreational opportunities for the site. [More information can be found here.](#)



These are just a few of the many ways to create New Year's resolutions that benefit your health, the community, and the planet. Be sure to visit www.GreenOceanside.org to learn more about the City of Oceanside's Environmental Programs, and how you can get involved all year round.