



*A Center for Your Lifestyle*

<b>EC Fit Month-to-Month</b>	<b>\$17.00</b>
<b>EC Fit 6-Month</b>	<b>\$90.00</b>
<b>EC Fit 12-Month</b>	<b>\$120.00</b>
<b>EC Fit Drop-In</b>	<b>\$5.00</b>

The El Corazon Fitness Center, or “EC Fit” for short, is the facility’s 900-square foot, private gym facility that includes a combination of cardio and resistance equipment. Machines have been selected to “Fit YOUR Lifestyle” with selections such as “walk-through” recumbent bike, total body trainer with swivel seat and a circuit configuration that guides even the most novice member through an excellent workout!

**Fitness is healthy for YOUR Lifestyle**

To use EC Fit, participants must register with the front desk, sign a use waiver and participate in a walkthrough orientation

<b><u>EC Fit Hours of Operation</u></b>
<b>Monday - Thursday: 9:00 am– 5:00 pm</b>
<b>Friday: 9:00 am– 4:00 pm</b>

El Corazon Senior Center (760) 435-5300



*A Center for Your Lifestyle*

<b>EC Fit Month-to-Month</b>	<b>\$17.00</b>
<b>EC Fit 6-Month</b>	<b>\$90.00</b>
<b>EC Fit 12-Month</b>	<b>\$120.00</b>
<b>EC Fit Drop-In</b>	<b>\$5.00</b>

The El Corazon Fitness Center, or “EC Fit” for short, is the facility’s 900-square foot, private gym facility that includes a combination of cardio and resistance equipment. Machines have been selected to “Fit YOUR Lifestyle” with selections such as “walk-through” recumbent bike, total body trainer with swivel seat and a circuit configuration that guides even the most novice member through an excellent workout!

**Fitness is healthy for YOUR Lifestyle**

To use EC Fit, participants must register with the front desk, sign a use waiver and participate in a walkthrough orientation

<b><u>EC Fit Hours of Operation</u></b>
<b>Monday - Thursday: 9:00 am– 5:00 pm</b>
<b>Friday: 9:00 am– 4:00 pm</b>

El Corazon Senior Center (760) 435-5300

