

FREE Bicycle Traffic Skills Course 2019

COURSE WILL COVER:

- Proper Bike & Helmet Fit
- Safety Tips for Riding in Traffic
- Techniques for Navigating Road Hazards
- Emergency Maneuvers
- Using Public Transit as a Cyclist
- Your Legal Rights & Responsibilities

HANDS-ON INSTRUCTION IN:

- Flat Tire Repair Secrets
- Quick Fixes
- Adjustments
- Minor Repairs

LOCATION

All classes take place at the Community Rooms
(adjacent to the library)

300 North Coast Highway, Oceanside, CA 92054



Led by League of American Bicyclists
Certified Instructors



PRE-REGISTRATION IS REQUIRED

TO REGISTER PLEASE VISIT:

www.oceansiderec.com

click on GREEN “Register Now”

type in Activities “Bicycle”

ADDITIONAL OPTION TO REGISTER:

Visit San Diego Bicycle County Bicycle Coalition at www.sdbikecoalition.org/

click on the Event Calendar

CLASS IS A PREREQUISITE TO ROAD PORTION

CLASS

Community Room, 6–9pm

Monday, January 14

Monday, March 11

Monday, May 13

Monday, July 1

Monday, September 16

Monday, November 4

ROAD

Saturdays

January 19. 9am – 3:30pm

March 16. 9am – 3:30pm

May 18 9am – 3:30pm

July 6 9am – 3:30pm

September 21 . . . 9am – 3:30pm

November 9. . . . 9am – 3:30pm

Lunch provided for road classes

1 watt rear lights provided for graduates

Parks and Recreation

Call us! (760) 435-5041

Visit us on the web! www.oceansiderec.com

 Like us on Facebook! www.facebook.com/oceansiderec



Parks
Make
Life
Better!



Join BikeWalk Oceanside ... Make a Difference

www.bikewalkoceanside.org