

CITY OF OCEANSIDE
NEWS RELEASE



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OCEANSIDE PUBLIC LIBRARY

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FREE ZUMBA CLASSES FOR TEENS

Teens, get ready to Zumba this summer at the Oceanside Public Library! Zumba is a Latin-inspired fitness program that combines fast and slow movements for an interval-style, high energy dance party! Classes will be led by certified Zumba instructor Diane Bultemeier every Wednesday at 3:00 p.m. beginning June 19 and ending August 7. Classes will last roughly 45 minutes and take place in the Community Room at the Civic Center Library, 330 N. Coast Highway. The Mission Branch Library, at 3861-B Mission Ave, will host one Zumba class on August 9 at 3:30 p.m. No previous Zumba experience necessary to participate. Beginners welcome! Participants should wear comfortable workout clothes and bring water and a "gym" towel.

These Zumba classes are for students going into Grades 6-12, are free of charge and sponsored by the Friends of the Oceanside Public Library.

Oceanside Public Library's Summer Reading theme is "It's Showtime at Your Library" and there are many opportunities to learn and experience new things at the Library this summer! For more information about the Library or Summer Reading, please visit www.oceansidepubliclibrary.org or call 760-435-5600.

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