

City of Oceanside Swim Center Rules & Regulations

- All patrons are subject to Swim Center rules and regulations; respect the lifeguards at all times. Facility staff reserve the right to revoke any and all privileges offered by the swimming facility.
- Swim Center staff reserve the right to deem any behavior high-risk and ask for said behavior to cease.
- The City of Oceanside is not responsible for any lost or stolen items.
- All patrons entering the swim centers during drop-in programming (recreational & lap swim) are required to pay the admission fee.
- Swim Centers will close during thunder & lightning, during these closures no patrons are allowed to use showers or to be on deck. All patrons must seek shelter indoors.
- Any business operating within the Swim Center must have completed a rental agreement and paid their fees before using the pool. Swim lessons are not allowed to take place during drop-in swim programming.
- Proper bathing attire must be worn at all times
- All persons not in swimming apparel should remain seated & away from the pool's edge.
- Children under 45" tall must be accompanied by a responsible adult (16 years of age or older) and remain within arm distance at all times.
- Children 45 inches tall or taller, or over 5 years of age, are asked to use the locker room/restroom as designated by their gender. If a child or adult needs assistance in dressing or changing by a guardian of the opposite sex, this must be done within a toilet or changing stall.
- Infants or young children that wear diapers must wear disposable swim diapers in the pool during their visit.
- All patrons must successfully complete a non-stop 25 yard swim test using crawl stroke before entering deep water; weak or non-swimmers must remain in shallow water no deeper than their chest level.
- The area in front of you must be clear before entering the water.
- Head-first entry is allowed in the deep end only.
- Swimmers are not permitted to hang on or go over the lane lines or safety lines.
- No swimmers with open sores, infection, bandages or contagious diseases may use the pool.
- Do not use the pool if you or your child has had diarrhea in the previous 14 days.
- The use of foul language and/or explicit behavior or excessive noise offensive to others will not be tolerated.
- No alcohol, use of drugs, vaping or smoking is allowed within the Swim Center; those under the influence of drugs or alcohol will be asked to leave.
- Please do not assist other swimmers out of the water. Ask a Swim Center staff if assistance is needed.

The following action or items are never permitted in our facilities:

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| • Running | • Food or drink in the locker rooms |
| • Deck changing | • Gum |
| • Pool toys | • Glass |
| • Personal floatation devices | • Pets |
| • Pushing, roughhousing, horseplay or other high-risk behavior | • Bikes, skateboards & "healies" |
| • Placing arms, legs or feet into the pool gutter | • Playing on or around the access ladders & stairs |
| • Inappropriate language and behavior | • Prolonged underwater swimming or breath holding |
| • Shelled seeds | • Flips, twists, spins or back diving |

Adult Lap Swim Rules & Regulations

In addition to the general pool rules, the following will apply to adult lap swim:

- Adult lap swim is for swimmers age 16 and older. Children 15 and under may attend adult lap swim, however, they must swim competitive-style laps & be accompanied by a parent or guardian for the duration of their visit.
- Admission fees apply to facility usage, including use of the showers. A guest paying the \$1 guardian spectator fee is not allowed to swim or shower during their visit.
- The diving board is closed during lap swim.
- Lap swim hours are subject to lane and deep end closures.
- All swimmers during adult lap swim are required to share lanes. ***
- A swimmer must be physically in the water to occupy a lane; the placement of swim equipment on the deck does not reserve or save a lane.***
- When two people are sharing a lane, lane splitting is appropriate. ***
- When three or more people are sharing a lane, counter-clockwise circle swimming is required. ***
*** When such is permitted by State and Local Health Departments

Family Recreational Swim Rules

In additional to the general pool rules, the following will apply to Family Recreational Swim:

- The wading pool is for use by children under 45” tall only with a responsible adult supervising within arm’s reach.
- Children under 45” are not permitted in the main pool without a responsible adult swimming within arm’s reach of the child. Watching children less than 45” tall from the side of the main pool is strictly prohibited.
- Floats, lifejackets, fins, mermaid tails, snorkels, toys and balls are not permitted during family recreational swim. Only goggles may be brought into the water.
- Objects may not be thrown on deck or in the pool during family recreational swim.
- One person is permitted on the diving board at a time, this includes the steps to the board.
- No twists, spins, back diving or backwards rotational flips allowed from the diving board.
- Groups must make a reservation with a Swim Center at least 48 hours in advanced to attend family recreational swim times. All daycare groups are responsible for supervising their participants.
- Children 11 and under must be accompanied by a responsible adult age 16 or older.
- Children 12 to 15 may attend a Swim Center without an adult present if a current Hold Harmless agreement is on file at the Swim Center they wish to attend.

Pool User Groups

In addition to general pool rules, the following will apply to Pool User Groups:

- User group patrons are not permitted in the facility until the responsible person named has entered the Swim Center.
- The user group representative is responsible for assisting in the enforcement of the swim center rules & regulations.
- The user group representative is responsible for the cleanliness of the facility and should walk through the Swim Center before and after their groups visit. If all participants have left before cleaning up, the user group representative must remain at the facility to complete this task.
- The user group representative is responsible for their group and should not leave the Swim Center until all of their participants have left, this includes the parking lot.
- All facility and user group equipment should be put away neatly & properly after each use. The equipment room is expected to stay clear of clutter with all equipment placed in designated lockers.
- No food or drink storage or consumption is allowed in the equipment room.
- All participants and additional equipment must be out of the pool at designated practice end time.
- If a reservation is cancelled or changed, the Aquatics Supervisor must be notified at least 24 hours in advance to the scheduled activity.